

How to make soap?

Disclaimer: even though I have had the opportunity to make it myself I couldn't find the photos, so sadly I'll have to use internet.



There're multiple methods of making soap but since I have to write only about one, I chose the so called rebatching. It's really easy and it's basically just reusing batches of poorly made soap (also it ties up with the whole recycling and zero waste topic).

- 1) *Choose the soap you want to reuse*
- 2) *Grate or cut the soap*
- 3) *Add liquid.* There're actually multiple choices on what liquid to use, for example, water, although a lot of people prefer using milk (cow's, goat's and coconut milk). "How much liquid" would probably be the question to ask at this point, and just like "what liquid to use" to this question there's also multiple answers, the best answer would be to do according to the senses, but there's also the option to use about 85 grams of liquid per 453 grams of grated soap (3 ounces of liquid per pound of grated soap).
- 4) *Use a crock pot or oven dish to rebatch soap.* Take the grated soap, put it into the container (it has to have a lid).

- 5) *Add the liquid and stir it up gently.*
- 6) *Set the crockpot on low or if you use oven 65°C to 76°C.*
- 7) *After an hour or so open the lid and stir gently and let it “cook” for another hour.*
- 8) *The result should be that the soap has become “pourable”. At this point it’s time to add any other additives. Stir it up so that the additives are well incorporated into the soap.*
- 9) *After waiting a bit (so that the soap has solidified a bit, but not completely) scoop it into a mold of choice.*
- 10) *Push the soap down with a rubber spatula or a spoon, tap it so that it settles into the mold*
- 11) *Let the soap set up for 24 hours or so,*
- 12) *After that you should be able to pop it out of the mold and slice it.*
- 13) *Let it cure until it’s completely hardened (cure time will depend on how much liquid was used)*

And that’s it. Nothing too complicated and most of the time you just have to wait. I also added a YouTube link below to easier understand and follow along the process.

[Rebatching Soap / How To Make Soap - YouTube](#)

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